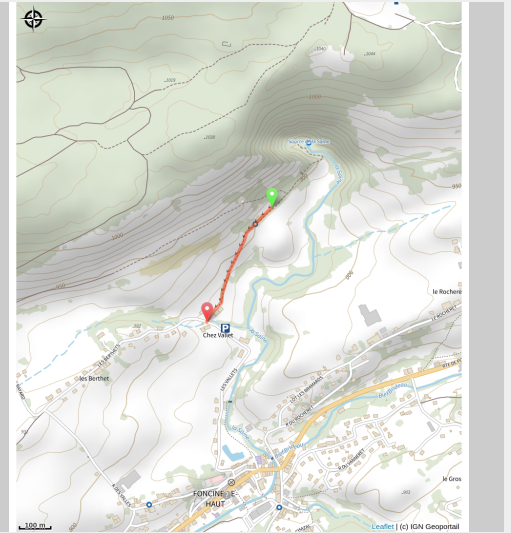


# The Saine's source trail

Champagnole Nozeroy Jura - Foncine-Le-Haut



Le ruz de la source de la Saine (PNRHJ) - F. Jeanparis)

*A short crossing through a meadow and a small wooded area leads to a chalky circus in which, surging out of the stone, the fresh water of the Saine river appears.*

The mineral environment from which this source springs arouses much admiration. This rocky amphitheatre shows off its pleated structure and its faults, in which vegetation that is unique to this environment attempts to grow. Interpretive signs answer any questions raised by this surprising geological phenomenon.

## Useful information

Practice : Nature trail

Duration : 1 h

Length : 0.5 km

Trek ascent : 3 m

Difficulty : Easy


Type : Linear out-and-back

Themes : Geology, Lakes, rivers and waterfalls

# Trek

Departure : Chez Vallet, Foncine-le-Haut

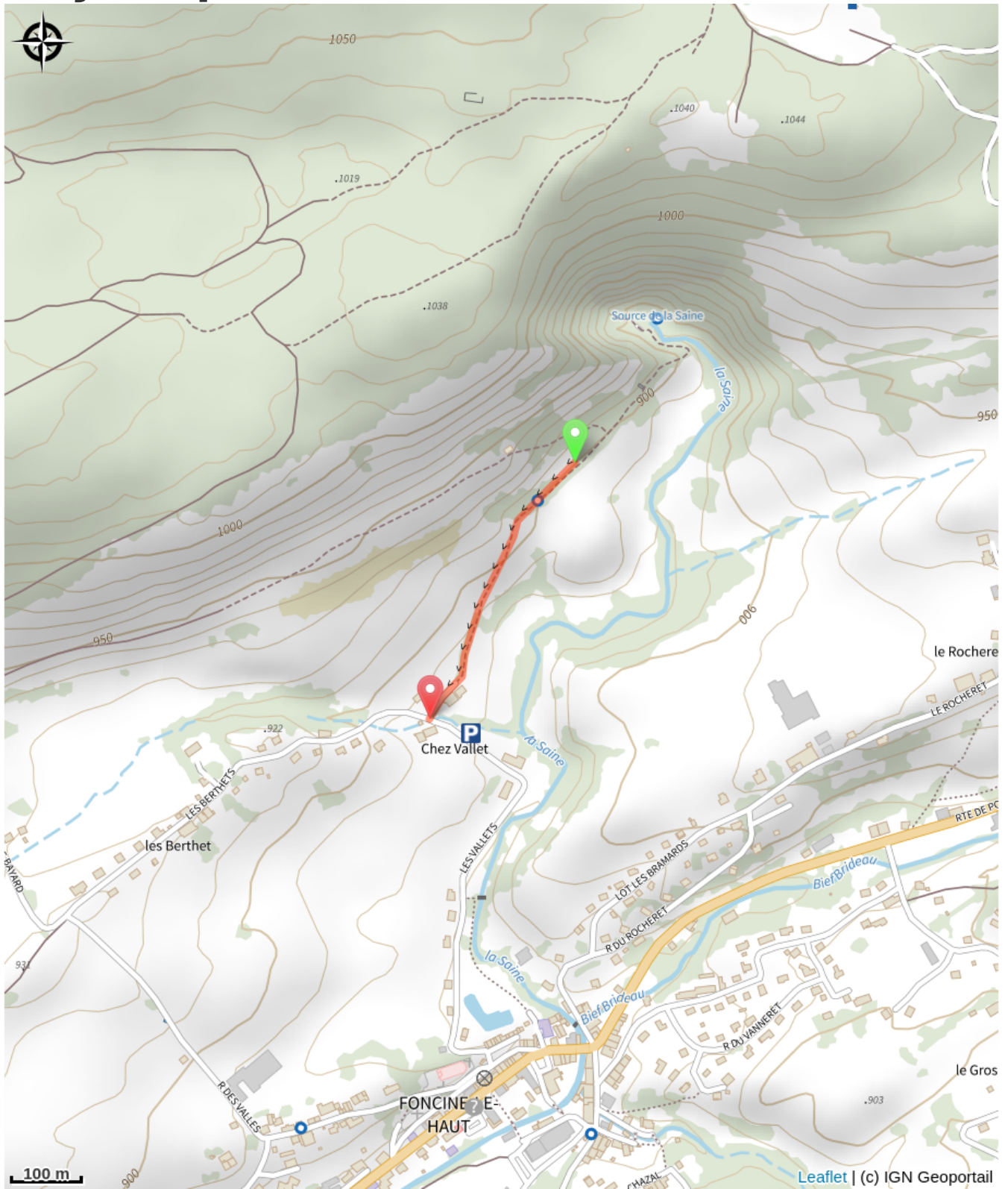
Arrival : Chez Vallet, Foncine-le-Haut

Markings :  PR® (Walking & hiking trail)

From the **Chez Vallet** parking lot, a sign and a map mark the start of the trail. Head to the **Bayard Pasture** (*white and red waymarking*), then to the **SAINE'S SOURCE** (*yellow waymarking*). Then head back to the parking lot the same way you came. During this short walk, you will come across 5 interpretive signs relating to this landscape marked by the Saine and its geology:

- The Saine's source in its landscape
- The low wall, between municipal and good lands
- From stone to water
- Faults and chasms
- Stone knives honed by the water

# On your path...



# All useful information

## **Advices**

Be careful in the event of high waters at the Saine's source.

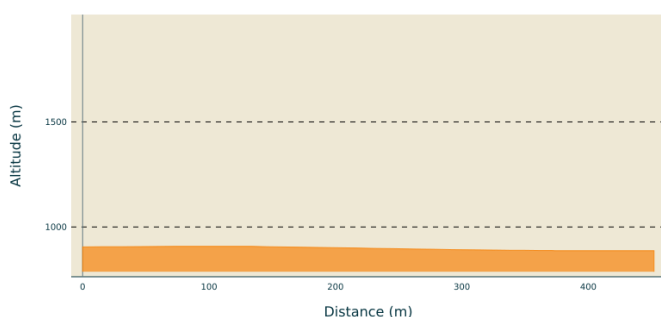
This trail passes through pastures with livestock and forest paths. To respect the owners and farmers granting you passage, and for the security of livestock and wild fauna, we ask that you remain on the waymarked paths.

Use the adapted passageways to get across fencing and be sure to close gateways behind you. Lastly, please keep your dog on a lead if you have one.

Wild flowers are beautiful, they may be rare and protected and often wilt quickly. Do not pick them! They will delight the next hikers.

In case of forest works (felling, skidding, etc.), for your safety, know when to stop and turn around.

## **Altimetric profile**



Min elevation 887 m  
Max elevation 908 m

## **Transports**

To visit and get about in the High-Jura, visit [www.reshaut-jura.fr](http://www.reshaut-jura.fr), the eco-mobility portal listing all means of transport within the Park.

## **Access**

16 km northeast of Saint-Laurent-en-Grandvaux via the D 437. From Foncine-le-Haut, the road to the "Chez Vallet" hamlet heads past the right of the church.

## **Advised parking**

Chez Vallet parking lot

**i Information desks**

Tourist information centre - Foncine-le-Haut  
60 Grande Rue, 39460 Foncine-le-Haut  
Tel : +33 (0)3 84 51 93 11  
<http://www.juramontsrivieres.fr/>

