

The Little and Grand Montrond

Pays de Gex - Mijoux



Point de vue du Grand Montrond (PNRHJ) / Gilles Prost

Starting from the Col de la Faucille, an altogether easy circuit to discover and make the most of the panoramic landscapes from the two summits of the High Jura Mountain Range.

“The military saw the col de la Faucille as a strategic challenge, whilst European artists passing through the Jura felt great emotion. How will you react?” Marc Forestier (“Que faire dans le Parc naturel régional du Haut-Jura”, What to do in the High-Jura Regional Natural Park, Dakota Edition)

Useful information

Practice : Hiking

Duration : 2 h 30

Length : 7.0 km

Trek ascent : 353 m

Difficulty : Difficult

Type : Circular

Themes : Fauna - Flora,
Landscapes

Trek

Departure : Col de la Faucille, at the foot of the ski lifts

Arrival : Col de la Faucille, at the foot of the ski lifts

Markings :  GR® (Long distance)  PR® (Walking & hiking trail)

On the corner of the summer toboggan lift, the trail takes a stony road for 200 m (white and red waymarking).

Leave the Grande Randonnée trail (white and red waymarking) and take a **new trail to your left with level ground** that runs along the Gentianes ski lift. This trail includes many stairs to help you continue your ascent, and winds through the undergrowth and ski pistes before reaching the **PETIT MONTROND** summit (observation post)

Head under the arrival terminal for cable cars from the Grand Montrond (yellow waymarking). At times stony and muddy, this trail often follows the ridge line along the National Natural Reserve of the High Jura. After a first well-marked dip (power line), return to the ridge. Cross a second valley, the col du Crozat (cistern, remnants of old chalets). A steep path climbs up the north side of the Grand Montrond.

> Summit of the **GRAND MONTROND** a few tens of meters uphill.

From the summit, head back down westwards (white and red waymarking) via a grassy trail that turns rocky towards the **Crozat** chalet. Head past the chalet. The white path snakes flatly through the alpine pasture and comes to a ski lift at **la Gélinothe**.

Turn left on a forest trail and join up with a forest road (high forest with humid undergrowth where you may come across the Alps lettuce, butterbur, adenostyles alpina, etc.). The trail turns to the right again, and returns to the road and the Col de la Faucille.

On your path...



The Patou dog (A)

Petit Montrond, a television relay (B)

The northern wheatear (C)

The Chamois (D)

All useful information

Advices

Be careful on the edges of the cliffs and ridges from the Little Montrond to the Grand Montrond. Know when to turn back during foggy and stormy weather.

This trail passes through pastures in which sheep regularly graze, guarded against dogs and other predators by “Patou” dogs. When there is a herd of sheep on the trail, go around them. If Patou approach, remain calm and unthreatening. Do not run, this tends to excite the dogs. When cycling, descend from your bike. Avoid bringing your dog if you have one.

To respect the owners and farmers granting you passage, and for the security of livestock and wild fauna, we ask that you remain on the waymarked paths. Use the adapted passageways to get across fencing and be sure to close gateways behind you.

Wild flowers are beautiful, they may be rare and protected and often wilt quickly. Do not pick them! They will delight the next hikers.

In case of forest works (felling, skidding, etc.), for your safety, know when to stop and turn around.

Environmental sensitive areas

Au cours de votre itinéraire, vous allez traverser des zones sensibles en rapport avec la présence d'une espèce ou d'un environnement spécifique. Dans ces zones, un comportement approprié permet de contribuer à leurs préservations. Pour plus d'information, des fiches sont disponibles pour chaque zone.

Western capercaillie

Sensitivity period: January, February, March, April, May, June, Decembre

Contact: Parc naturel régional du Haut-Jura

29 Le Village

39310 Lajoux

03 84 34 12 30

www.parc-haut-jura.fr

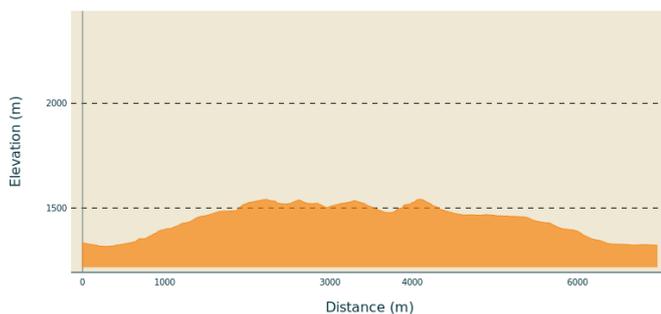
Le Grand Tétrás est une espèce emblématique des forêts de montagnes françaises. Son apparence et son comportement font de lui un oiseau très atypique. Pouvoir l'observer relève d'un vrai défi, tant cet oiseau est discret, mais s'avère être un souvenir mémorable.

En hiver, son activité est réduite au minimum. Il passe la quasi-totalité de la journée perché dans un arbre et consomme uniquement des aiguilles de sapin. Une nourriture très peu énergétique. Cette période est critique pour sa survie. Un oiseau subissant un dérangement régulier va puiser dans ses maigres réserves et finir par

en subir les conséquences. Sa sensibilité à la prédation aura augmenté, ou bien il déperira simplement à cause du manque d'énergie. Une autre période critique prend place du printemps au début de l'été avec la couvaion. Si la poule est surprise plusieurs fois, elle va abandonner le nid et laisser ses poussins seuls, sans protection. La survie des jeunes étant déjà très faible naturellement, ce phénomène accentue, d'autant plus, ce risque de mortalité chez les jeunes oiseaux.

Les pratiques qui peuvent avoir une interaction avec le Grand tétras en période de nidification sont principalement les pratiques sportives terrestres comme la randonnée, le ski, le VTT.

Altimetric profile



Min elevation 1317 m
Max elevation 1542 m

Transports

To visit and get about in the High-Jura, visit www.reshaut-jura.fr, the eco-mobility portal listing all means of transport within the Park.

Access

12 km west of Gex and 18 km south of Rousses, via the N 5.

Advised parking

at the foot of the ski lifts (cable cars) of the col de la Faucille

Information desks

Tourist information centre - Gex - La Faucille
Coeur de station, 01170 Gex
Tel : +33 (0)4 50 41 53 85
<https://www.paysdegex-montsjura.com/>



On your path...



The Patou dog (A)

From birth, the Patou dog lives alongside sheep in the sheep-pen, which allows it to build a strong relationship with the herd. The Patou's role is not to shepherd the herd, but rather to protect it from predator attacks (wild animals, stray dogs, etc.). Its presence and its large size prevent many attacks. The dog's first reaction is to bark and to place itself between the intruder or intruders and the herd. If the intruders do not heed this warning, the dog may then launch a physical attack.

When you come across a protection dog, be calm and adopt a passive attitude. Do not shout, do not run, and do not threaten the dog with a stick, it could interpret this behaviour as an attack. Reassure the animal by placing your coat or your backpack between the dog and yourself. If you have a dog, keep it on-lead.

Head around the herd, the dog will sniff you and peacefully accompany you on your way to be sure of your intentions before returning to the herd.

Attribution : PNRHJ / Gilles Prost



Petit Montrond, a television relay (B)

From the 1950s, touristic and sporting facilities became the features of a new landscape. Telecommunication relays, ski lifts, cable car "stations", lodgings/restaurants built at the top of ski slopes transformed the mountain into a leisure area.

Attribution : PNRHJ / Roman Charpentier



The northern wheatear (C)

A visitor during the summer season, the northern wheatear settles in the Jura's highest lawns. Visibly perched on a stone, dipping its tail, you will be able to best make out its white rump on one of its short flights. An insectivore, it hunts small insects to feed its chicks in a nest that it makes up on the ground.

Attribution : Fabrice Croset



The Chamois (D)

The chamois does not occupy the same territory in summer as in winter. In the summer, this animal heads up to the high mountain summits and hides in the cliffs and screes. In the winter, bad climate conditions and the lack of food force it down to lower altitudes or ridge areas where snow is blown away by the wind.

Attribution : PNRHJ / Léo Poudré